



MAMA LIZ'S

Starters & Bowls

Cajun Prawn Skewer	£8.00
Spiced and chargrilled tiger prawn skewer on a bowl of crisp salad leaves with a chargrilled fresh lime.	
Wings your way (250 grams)	£6.00
Chicken wings tossed in a sauce of your choice.	
Whitebait (Not Gluten Free)	£6.00
Cajun spiced, breaded whitebait served with sweet chilli sauce and chargrilled lemon.	
Nachos	Small £6.00
	Medium £7.00
Home fried corn tortillas baked with salsa, mature cheddar cheese and jalapeños.	
Cauliflower Nuggets v	£7.50
Chicken Nuggets (Not Gluten Free)	£7.50
Cheese and Jalapeno Nuggets v (Not Gluten Free)	£7.50
All nuggets served with a sauce of your choice.	
Chicken Wrap	£5.50
Southern fried chicken, wrapped with crispy salad and a sauce of your choice. (Wraps not Gluten Free)	

Sharers

Sharer Nachos	£14.00
A large portion of our home fried tortilla nachos with salsa, mature cheddar cheese and jalapeños.	
Kilogram of wings (1kg)	£17.50
Chicken wings tossed in a sauce of your choice.	
Chicken Sharer	£25.00
Large plate of chicken nuggets and wings with dipping sauces of your choice. (Nuggets not GF)	
Bourbon Street Platter	£30.00
A whole rack of ribs, with two butterflied blackened chicken breasts and a side of regular or Cajun fries.	

Burgers

(Add cheese for £1.50)

Homemade beef burger	£11.50
Served in a toasted bun with lettuce, red onions, and pickles with Mama's fries on the side.	
Fried Chicken Burger	£12.50
Served with barbeque sauce and pickles in a toasted bun with Mama's fries on the side.	
'Moving Mountains' Vegan Burger	£10.50
Served in a toasted bun with lettuce, red onions, and pickles with Mama's fries on the side.	

House Sauces

Bourbon	Habanero	Sweet Chilli	Maple & Salt	Barbeque
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Please make your server aware of any allergens that you or a member of your party may have.

Main Plates

Blackened Chicken	£13.50
Chicken breast chargrilled with Mama's in-house spices on a bed of fresh salad with a whole grain mustard dressing.	
Jerk Chicken	£13.50
Chargrilled chicken breast coated in a fiery jerk seasoning, served with a spicy tomato & lime salsa and rice.	
Chilli	£14.50
Slow cooked chuck steak chilli served with rice, homemade tortilla chips and jalapeños.	
Ribs	£16.50
A whole rack simmered then roasted and smothered in Mama Liz's Bourbon glaze.	
Goat Curry	£17.00
Caribbean style goat curry served with rice.	
Jambalaya	£14.50
Rice, prawns and chorizo with a touch of spice come together to form a Creole favourite similar to a Spanish paella.	
Vegan Jambalaya ♻️	£13.50
A medium spiced, Creole one pot dish of rice and a mix of vegetables.	
Surf and Turf Gumbo	£17.50
A hearty New Orleans stew with mussels, prawns, chicken, and chorizo – served with rice and home-made cornbread.	
Gumbo z'Herbes ♻️	£14.00
A vegetarian take on the classic New Orleans dish with fresh herbs & greens in a thick roux sauce – served with rice and home-made cornbread.	
Moules Frites	£16.50
Mussels in a cream & white wine sauce served with Mama's fries.	
10oz Rump Steak	£17.00
Beef rump steak, chargrilled to your liking served with salad and fries.	
Fajitas	Vegetable ♻️ £15.00 Chicken £15.00 Steak £18.00
Your choice, pan-fried with onions and peppers finished with a touch of spice served with four flour tortillas, salad, sour cream, and salsa. (Wraps not Gluten Free)	

Sides

Mama's Fries	£3.00	Sour Cream	£1.50
Cajun Fries	£3.00	Extra Cheese	£3.00
Cheesy Fries	£4.00	3x Extra Wraps (Not GF)	£1.50
Rice	£1.50	Cornbread	£2.50
Side Salad	£3.50	Extra House Sauce	£0.50

Desserts

Churros (Not Gluten Free)	£6.95
Tossed in cinnamon sugar with chocolate dipping sauce	
Home-made brownie	£6.95
Served with your choice of ice cream, cream... or both!	
Hot Fudge Sundae	£6.95
Home-made hot fudge sundae, with chocolate sauce, fudge sauce topping with icing sugar	

Draught

Stella	£5.50
Mahou	£5.50
San Miguel	£5.50
Kopparberg Strawberry & Lime	£5.50
Corona	£6.00
Camden Hells	£6.00
Camden Pale	£6.00
Guinness	£6.50

Whiskey / Bourbon

Jack Daniels	£4.00
Jack Daniels Apple	£4.00
Jamesons	£5.00
Monkey Shoulder	£4.50
Makers Mark	£5.00
Glenfiddich	£5.00
Wild Turkey	£5.00
Fireball	£4.00

Vodka

Absolut	£4.00
Ketel One	£5.00
Grey Goose	£5.50

Bottles & Cans

Corona (330ml)	£4.00
Estrella (330ml)	£4.00
Budweiser (330ml)	£4.00
Peroni (330ml)	£4.00
Corona Cero (N/A 300ml)	£4.00
Becks Blue (N/A 300ml)	£4.00
Peroni 0% (N/A 300ml)	£4.00
Crabbies Ginger Beer (500ml)	£4.50
Old Mout Cider (500ml)	£4.50
Newcastle Brown Ale (500ml)	£4.50
Hooch (500ml)	£5.00
Guinness 0% (N/A 440ml)	£6.00
Kopparberg Naked Apple (500ml)	£5.00
Budweiser Zero (N/A 330ml)	£4.00

Soft Drinks

Coke	£3.00
Diet Coke	£3.00
Lemonade	£3.00
Soda and Lime	£1.00
Schweppes Tonic (Original, Slim)	£2.00
Ginger Ale	£2.50
Emerge Energy	£2.50
Juices (Ask your Server)	£2.50
Sparkling Water	£2.50
J20 (Orange / Apple)	£3.00

House Wine

Red, White and Rosé Available:	
Medium	£5.00
Large	£6.00
Bottle	£14.50

Rum

Bacardi	£4.00
Havana 3	£4.00
Havana 7	£4.00
Havana Spiced	£4.00
Kraken	£4.00
Morgan's Spiced	£4.00
Old J's Spiced	£4.00

Gin

Gordon's	£4.00
Gordon's Pink/Orange/Lemon	£4.00
Tanqueray No. 10	£5.00
Tanqueray Seville	£5.00
Warner's Rhubarb	£6.00
Hendricks	£4.50
Bombay Sapphire	£4.00

Tequila

Jose Cuervo (Silver, Gold)	£4.00
Tequila Rose	£4.00
Cazcabel Coffee	£4.50

Other

Disaronno	£4.00
Archers	£4.00
Malibu	£4.00
Baileys (Served as 50ml)	£4.00
Passoa	£4.00
Kahlua	£4.00
Sambuca (Original / Black / Rasp)	£4.00
Sourz (Cherry / Apple)	£2.00
Port (Served as 50ml)	£4.00

Cocktails

Strawberry Daquiri	£10.00
Voodoo Sunrise	£10.00
Blue Lagoon	£10.00
Sex on the Beach	£10.00
Pina Colada	£10.00
Cosmopolitan	£10.00
Mojito	£10.50
Long Island Iced Tea	£10.50
Margarita	£12.00

Signature Shots

Baby Guinness	£4.00
Jagerbomb (3 for £10)	£3.50
Skittlebomb	£3.50
Firebomb	£3.50
Princessbomb	£3.50