



MAMA LIZ'S

Starters & Bowls

Cajun & Lime Prawn Salad	£8.00
Spiced and chargrilled tiger prawns on a bowl of crisp salad leaves with a chargrilled fresh lime.	
Wings your way (250 grams)	£6.50
Chicken wings tossed in a sauce of your choice.	
Whitebait	£6.50
Cajun spiced, breaded whitebait served with sweet chilli sauce and chargrilled lemon.	
Nachos	Small £6.50 Medium £7.50
Home fried corn tortillas baked with salsa, mature cheddar cheese and jalapeños.	
Cauliflower Nuggets ✓	£7.50
Chicken Nuggets	£7.50
Cheese and Jalapeno Nuggets ✓	£7.50
Chicken Wrap	£6.50
Southern fried chicken, wrapped with crispy salad and a sauce of your choice.	

Main Plates

Blackened Chicken	£15.00
Chicken breast chargrilled with Mama's in-house spices on a bed of fresh salad with a whole grain mustard dressing.	
Jerk Chicken	£15.00
Chargrilled chicken breast coated in a fiery jerk seasoning, served with a spicy tomato & lime salsa and rice.	
Chilli	£15.00
Slow cooked chuck steak chilli served with rice, homemade tortilla chips and jalapeños.	
Ribs	£17.00
A whole rack simmered then roasted and smothered in Mama Liz's Bourbon glaze.	
Goat Curry	£17.50
Caribbean style goat curry served with rice.	
Jambalaya	£16.00
Rice, prawns and chorizo with a touch of spice come together to form a Creole favourite, similar to a Spanish paella.	
Vegan Jambalaya ✓	£15.00
A medium spiced, Creole one pot dish of rice and a mix of vegetables.	
Surf and Turf Gumbo	£18.50
A hearty New Orleans stew with mussels, prawns, chicken, and chorizo – served with rice and home-made cornbread.	
Gumbo z'Herbes ✓	£15.00
A vegetarian take on the classic New Orleans dish with fresh herbs & greens in a thick roux sauce – served with rice and home-made cornbread.	
Moules Frites	£17.50
Mussels in a cream & white wine sauce served with Mama's fries.	
10oz Rump Steak	£17.00
Beef rump steak, chargrilled to your liking served with salad and fries.	
Fajitas	Vegetable ✓ £17.00 Chicken £17.00 Steak £19.50
Your choice, pan-fried with onions and peppers finished with a touch of spice served with four flour tortillas, salad, sour cream, and salsa.	

Sharers

- Sharer Nachos** £15.00
A large portion of our home fried tortilla nachos with salsa, mature cheddar cheese and jalapeños.
- Kilogram of wings (1kg)** £18.00
Chicken wings tossed in a sauce of your choice.
- Chicken Sharer** £25.00
Large plate of chicken nuggets and wings with dipping sauces of your choice.
- Bourbon Street Platter** £30.00
A whole rack of ribs, with two butterflied blackened chicken breasts and a side of regular or Cajun fries.

Burgers

(Add cheese for £1.50)

- Homemade Beef Burger** £13.00
Served in a toasted bun with lettuce, red onions, and pickles with Mama's fries on the side.
- Fried Chicken Burger** £13.50
Served with barbeque sauce and pickles in a toasted bun with Mama's fries on the side.
- 'Moving Mountains' Vegan Burger** £12.50
Served in a toasted bun with lettuce, red onions, and pickles with Mama's fries on the side.

House Sauces

Bourbon	Habanero	Sweet Chilli	Maple & Salt	Barbeque
---------	----------	--------------	--------------	----------

Sides

- | | | | |
|---------------------|--------------|--------------------------|--------------|
| Mama's Fries | £4.00 | Sour Cream | £2.50 |
| Cajun Fries | £4.00 | Extra Cheese | £3.00 |
| Cheesy Fries | £5.00 | 3x Extra Wraps | £1.50 |
| Rice | £2.00 | Cornbread | £2.50 |
| Side Salad | £4.00 | Extra House Sauce | £0.50 |

Desserts

- Churros** £7.00
Tossed in cinnamon sugar with chocolate dipping sauce
- Home-made brownie** £7.00
Served with your choice of ice cream, cream... or both!
- Hot Fudge Sundae** £7.00
Home-made hot fudge sundae, with chocolate sauce, fudge sauce topping with icing sugar

**Please make your server aware of any allergies that you
or a member of your party may have.**

Draught

Stella	£5.50
Mahou	£6.00
San Miguel	£5.50
Kopparberg Strawberry & Lime	£5.50
Corona	£6.00
Camden Hells	£6.00
Camden Pale	£6.00
Guinness	£6.50

Whiskey / Bourbon

Jack Daniels	£4.00
Jack Daniels Apple	£4.00
Jamesons	£5.00
Monkey Shoulder	£4.50
Makers Mark	£5.00
Glenfiddich	£5.00
Wild Turkey	£5.00
Fireball	£4.00

Vodka

Absolut	£4.00
Ketel One	£5.00
Grey Goose	£5.50

Bottles & Cans

Corona (330ml)	£4.00
Birra Moretti (330ml)	£4.00
Budweiser (330ml)	£4.00
Peroni (330ml)	£4.00
Corona Cero (N/A 300ml)	£4.00
Peroni 0% (N/A 300ml)	£4.00
Crabbies Ginger Beer (500ml)	£4.50
Old Mout Cider (500ml)	£4.50
Newcastle Brown Ale (500ml)	£4.50
Hooch (500ml)	£5.00
Inch's Cider (500ml)	£5.00
Kopparberg Naked Apple (500ml)	£5.00
Budweiser Zero (N/A 330ml)	£4.00

Soft Drinks

Coke	£3.00
Diet Coke	£3.00
Lemonade	£3.00
Soda and Lime	£1.00
Schweppes Tonic (Original, Slim)	£2.00
Ginger Ale	£2.50
Emerge Energy	£2.50
Juices (Ask your Server)	£2.50
Sparkling Water	£2.50
J20 (Orange / Apple)	£3.00

House Wine

Red, White and Rosé Available:	
Medium	£5.00
Large	£6.00
Bottle	£14.50

Rum

Bacardi	£4.00
Havana 3	£4.00
Havana 7	£4.00
Havana Spiced	£4.00
Kraken	£4.00
Morgan's Spiced	£4.00
Old J's Spiced	£4.00

Gin

Gordon's	£4.00
Gordon's Pink/Orange/Lemon	£4.00
Tanqueray No. 10	£5.00
Tanqueray Seville	£5.00
Warner's Rhubarb	£6.00
Hendricks	£4.50
Bombay Sapphire	£4.00

Tequila

Jose Cuervo (Silver, Gold)	£4.00
Tequila Rose	£4.00
Cazcabel Coffee	£4.50

Other

Disaronno	£4.00
Archers	£4.00
Malibu	£4.00
Baileys (Served as 50ml)	£4.00
Passoa	£4.00
Kahlua	£4.00
Sambuca (Original / Black / Rasp)	£4.00
Sourz (Cherry / Apple)	£2.00
Port (Served as 50ml)	£4.00

Cocktails

Strawberry Daiquiri	£10.00
Voodoo Sunrise	£10.00
Blue Lagoon	£10.00
Sex on the Beach	£10.00
Pina Colada	£10.00
Cosmopolitan	£10.00
Mojito	£10.50
Long Island Iced Tea	£10.50
Margarita	£12.00

Signature Shots

Baby Guinness	£4.00
Jagerbomb (3 for £10)	£3.50
Skittlebomb	£3.50
Firebomb	£3.50
Princessbomb	£3.50